

Cantaloupe Cucumber Salsa

serve with grilled fish or maybe try with roasted Lamb

$\frac{1}{2}$ *cantaloupe*

1 *cucumber*

1 *Pete's sweet onion* diced fine

1 tsp. fresh ginger, chopped

1 tbs fresh mint or cilantro – of combination of the two

1 lime juiced

Salt and pepper to taste

$\frac{1}{2}$ tsp *Jalepeno*

1. Peel cantaloupe and cut into a small dice. If large cucumbers with tough skins, peel cucumbers. Scoop out the seeds. Cut into small dice. Dice the onion, and herbs.
2. Mix cantaloupe, onion, cucumber, ginger and herbs together. Season with lime juice, salt, pepper and chili or chili sauce if desired.